



The Central Connection

MESSAGES & OPPORTUNITIES FROM CENTRAL UNITED METHODIST CHURCH

Central United Methodist Church Newsletter

April 2016

Welcome to our Central's New Administrative Assistant

Cynthia (Cindy) Glass is Central's new Administrative Assistant. She has a MS Ed from SUNY @ Oswego and taught Business Education both in New York and Virginia until her retirement in 2015. Cindy taught at Fort Defiance High School from 2006 to 2013. She lives in Deerfield with her husband, Chris Koopman. They have three adult children and one adorable granddaughter. Her working hours will be varied for a few weeks while she completes some duties with Augusta Health where she works as a program coordinator.



Cindy Glass

Certificate of Appreciation

This certificate is awarded to
**Central
United Methodist Church**

In recognition of their work toward
“Imagine No Malaria”

The Staunton District United Methodist Church

Rev. Dave Rochford *3/18/2016*

Staunton District Superintendent *Date*

Larry Creamer *3/18/2016*

Staunton District Lay Leader *Date*

A map of Africa is visible in the bottom left corner of the certificate.

A Note from Pastor Won . . .

On the Right Track!

What a powerful witness it was to the church called United Methodist when we gathered on Resurrection Sunday. Central United Methodist Church received eleven new members. For some, this may not seem like a significant number, but it is when we put it into a larger context and consider the major denominational decline of our members and giving since the 1960's.

Frankly speaking, Central UMC was no exception to this declining trend. She was on a wrong, dwindling track for many years. However, Central is now on the right track. This did not happen overnight.

Over the past few years, many of us relearned what it means to be healthy Christians. We shared the common goal of building up His reign at Central, and we implemented our goal in various areas of mission and ministry of Central.

This year, we have witnessed the fruits of our labors in increased average attendance, how we treat one another including our guests, and the many ways we reach out to the hurting world.

God in Jesus has blessed Central because we have been true to the teachings and practices of the Bible. Our pledge is to keep repeating this until we are perfected by His grace.

Change is coming to Central and better days are still ahead.

Speaking of change, Central now has a new Administrative Assistant, Cindy Glass. She began working about three weeks ago, and I am happy to report that she is a good fit for Central. Cindy will briefly introduce herself in this newsletter, but be sure to stop by the office and meet her. She works Monday through Thursday and occasionally on Friday.

Another change – brace yourself – our organist and choir director, Sherry von Oyen, will be retiring at the end of May after fourteen years with Central. She is retiring to spend more time with her family, be more available for her mother's needs, and pursue her lifelong dream of traveling around the world. Central has appreciated her talent and her professionalism for all these years.

Before her retirement in May, Sherry wishes to give an organ recital for Centralites. More information will follow.

The last change I wish to share is about the nature of change, itself. Without change, we can never be what we want to be. The simple truth is that if we are on the wrong track and wish to be on the right track, then change must take place.

If Central was on a declining course but wished to grow and be healthy, change had to take place.

We have changed in the last few years for the better. Let us keep up with this trend. Shall we?

Sherry's Retirement

After much prayer and thought, I've decided that it's time for me to retire from my position as Minister of Music/organist at Central UMC. Having been involved in church music for 56 years, this work being so much an important part of my life, I will retire.....knowing it will be hard letting go of a wonderful job and wonderful friends at Central.

I have served this church for 14 years.....longer than at any other church. I have felt such love and support from the choir members, congregation and staff and have enjoyed being here so much. I will miss you all and hope to keep in touch in some way.

As you receive a new Minister of Music, I pray for you to care for him/her as much as you have cared for me. God bless you forever and thanks for everything.

Sincerely and in Christ's love, Sherry von Oyen

Council Reports

Lay Leader: No report

Staff Parish: Ed Pickett reported that the new administrative assistant is Cynthia Glass whose first day was March 22. Cindy's background is as a school teacher and she also works part time as Augusta Health's community outreach to the schools. Her schedule will be varied for the next several weeks. He also reported that Janet will be off the week beginning March 28.

Finance: Jim Clemmer shared the finance report for February. The expenses amounted to \$24,011.96. The total receipts were \$20,241.13. Additionally, more was paid toward the apportionments thus far this year than in previous years. The Easter offering will be used to offset the costs of the grill, food pantry, and apportionments. Connie Davis noted that the baked goods/soup profits should go toward the grill cost. Caroline Jones noted that the food pantry costs have increased in the past year. She noted that God's All Occasion Bakery is starting to bring in profits; this amount is also going to offset the grill costs. Jim and Tom reported that funds for the children/youth program are available and asked Mary to provide for the Finance Committee a projection of necessary expenses.

Trustees: Sam Richardson reported at the last Trustees meeting it was approved to allow ACA members (Adult Children Anonymous) to meet at Central on Thursdays on the 3rd floor beginning April 7. He also said we need to replace two air conditioning units that are over 25 years old. The cost will be approximately \$16,500. One serves the fellowship hall; the other serves the 3rd floor classrooms.

United Methodist Men: The UMM cleaned around the exterior of Central on March 22.

United Methodist Women: Caroline Jones reported that Mary Farrish asked our UMW to host Church Women United on April 1. This is an interdenominational group. Refreshments will be provided in the fellowship hall and a program will be held in the sanctuary. Approximately 30 people are expected to attend. UMW will be providing health kits for UMCOR. More in the following page. Their fundraiser bake sale will be on Mother's Day, May 8, to raise money for two scholarships to All God's Children's Camp. She announced that the Campbell's label program is being terminated.

Children & Youth: Mary Douglas reported that some games and game prizes will be purchased for the 3rd Friday night "Kids Night In" activities. She reported that the February Bowling Night had gone well with

16 children and 13 adults present. The 3rd Friday Kids Night In program on March 18 also went well with ten in attendance. There are volunteers needed for future Kids Night In programs; ten are needed each time, more as the group increases in size. She is still organizing the volunteer list for Sunday School/Nursery. Additional volunteers are still needed for it, too. The expenses thus far for the program have been approximately \$1,000. The next Kids Night In is April 21.

Nurture: Sandra Clemmer reported that a reception will be held for new members prior to Church services on Easter Sunday.

Outreach: Judy Jones sent minutes from their meeting that the International Dinner was a big success. It was held on Friday, March 18, with 39 in attendance. The Trinity luncheon will be served on March 23. Benham Black reported that there were some painting needs at Camp Overlook. A cookout to raise money for the tornado victims may held; a volunteer mission team is being assembled. The Agape Easter baskets are being assembled on March 24 for nine children. The Food Pantry served approximately 110 units in February. The next Outreach meeting is April 5.

Witness: Connie Davis reported that efforts to greet visitors at the morning worship services have been well received. The Children's Choir are going to have a music program on May 15 for which a luncheon is to be provided.

Pastor: Won reported that on May 22 an organ recital by Sherry Von Oeyen will be held at CUMC. He shared that the Maundy Thursday service will be held on March 24. The Cross Walk service will be held at Jollivue UMC on Good Friday, March 25. On Easter Sunday there is a sunrise service at 7:15 at St. Paul's UMC followed by a breakfast. A new member reception will be held on Easter Sunday at 10:30. At the Easter service there will be seven new members added and four baptisms. On April 14, the Thursday Morning Music Club will have a concert and meeting. April 20 will be a Socialite Dinner. On Saturday, April 30, Bishop Cho will be at CUMC for a tri-district meeting with ministers at 10:00 AM in the sanctuary. May 14th Won asked us to sponsor a barbecue cookout with bake sale to raise money for the tornado victims. Ray Egenbright has volunteered to help. Time and location to be determine. Caroline Jones commented that the Meating Place has a food booth for local organizations; we have reserved July 22 and 23 for this purpose.

Council members commented that it would be desirable to have a calendar posted in a convenient place with all church events on it. It was agreed that the Gathering Room would be a good location.

Special Music Events

Sunday, May 15-----Following a light lunch after the worship service, the Handbells and Children's Choir will present a program with a variety of songs for your enjoyment.

Trinity Lunches

On the fourth Wednesday of each month, a team of volunteers from Central UMC prepare and serve a lunch meal to qualified recipients at Trinity Episcopal Church. Trinity actually serves lunch Monday through Friday. Much of the meals are actually served by volunteers from many churches and other organizations.

Those served must meet certain criteria and Trinity provides someone to verify each person's qualifications. Central's part is to plan a meal, prepare it, and then serve on our designated day. Those that plan and prepare the meal, usually including Pastor Won, sometimes prepare it the day before, but many times it is prepared before we start serving at 11:30. Several of us like serving the food. The food is served from a Dutch door from the kitchen. I prefer this task because of the

Sunday, May 22-----Sherry von Oeyen will present an organ recital at 3:00 P.M. including some music not usually played at worship services. All ages are welcome.

interaction with the patrons. Then we have the cleanup. Trinity has a wonderful dish washing machine. Consequently, the cleanup is not onerous.

The patrons are very thankful for the meals and will on many occasions express the gratitude, especially to the cooks. After cleanup, many of the volunteers will serve themselves a lunch.

I believe that those participating in the preparation have fun with each other and those of us that interact with the patrons learn who they are and have fun with them. Once when Patrick Harrison was serving, he asked one gentleman what he wanted to eat. The gentleman responded that he didn't want anything until Patrick smiled. Of course, the entire kitchen understood the humor.

If you would like to help, contact Pastor Won, Anita Jackson, Barbara Snyder, or Tom Davis.

Brick Fundraiser

Central UMC will shortly begin the sale of inscribed bricks. The bricks will be placed in the center island of the large parking lot. A number of local charitable organizations sell bricks for their projects.

The inscription can be up to three lines and is limited to twelve characters per line. These bricks will allow us to have our name permanently available for all to see. You may want a brick for yourself, for your family, for a friend, or for a departed member. You may want to purchase a brick to commemorate an event at the Church. I have several bricks at the SMA Museum and I am always glad to look at them.

The Council has not yet approved this project, but I believe that we will begin taking orders shortly while shooting for installation before Easter next year.

The price has not yet come before Council, but I am

think the cost will be about \$100 per brick fully inscribed.

Obviously, we still have details to work out, but I hope that many of you will consider this new endeavor. Also, this is not a onetime event. We hope to be selling bricks for many years.

If interested and have questions, please feel free to contact either Pastor Won or Tom Davis.



Endowment Article

Over the past several years, Central United Methodist Church has received the blessing of gifts to the Church from a number of our deceased members. Such gifts have allowed Central improve the sanctuary, to maintain the condition of our Church building. By the use of these endowment funds, the regular Church budget has been allowed to use funds for ministry functions beyond what Central has done in the past.

The Church's Endowment Fund is professionally managed by First Bank and Trust Company. The Fund is invested as one big fund, but for accounting purposes has three parts. The largest portion is allocated to the general fund of the Church. We recently added a second part which is allocated toward building maintenance. The final part is

allocated to Mission. Each fund receives 5% of the market value divided into quarters.

Where Central's budget is a struggle to maintain, the receipts of funds from the Endowment assists greatly in helping us to both meet our Church obligations and to use funds for our many endeavors of assistance to our Church, our community, and those in need of help.

As you complete your estate planning, please consider a gift to Central. Just an aside, a gift from your retirement plan/ IRA is an excellent source of these gifts since a gift to a Church or other charity is not taxable after death.

If you need assistance, Benham Black, Doug Noland, or I would be happy to help.

Tom Davis

Our **Socialite** dinner for this month will be on April 20th. Our guest speaker will be Robin Swecker from the Blue Ridge Area Food Bank. Brownie Troop 337 will also be sharing their art work in an Art Show. Come for dinner and fellowship at 6:00 PM. Please bring a meat, salad, vegetable, dessert to share.



Kids Night In!



The first **Kids' Night In** activity was held on Friday, March, from 6 to 9 pm here at Central UMC. Of the expected 20 participants, we had 10 attendees. Interacting with our children we had 3 teachers and 2 parents, as well as John Un and friend, and Youth Director, Mary. The participants enjoyed a hearty snack of pizza, fruits and juices. They engaged in bible lessons and discussions, craft projects, games and Christian fellowship. This was a wonderful and exciting event for children and adults alike. The children are encouraged to bring their bibles and friends each month.

The April activity is scheduled for April 22, and future events will take place on the third Friday of each month, here at the church. Those volunteers who were unable to attend the March activity are encouraged to join us on April 22. The invitation remains open to additional volunteers- we need your help! Please come and help us build a strong, loving Christian atmosphere for our children and youth. We look forward to seeing you as we anticipate the future of this program.

Central VIP's – Keeping in Touch

SHENANDOAH – Emily Morgan, JoAnn Black, and Vincent Ennis enjoy visiting **Dick Hamrick, Bill VanFossen, Dot Bradley, and Jean Nicewander** who has been a close Friend of Emily Morgan for many years. Dick's frequent visitors are daughters, Jane and Peyton who have purchased a home here but for now continue to come from other cities where they work. It is a joy for Bill to have grandson Keith VanFossen living here in Staunton where he is Principal of the Blind Department at VSDB.

BALDWIN PARK – Thelma DePriest and Martha Bushman enjoy visiting **Catherine VanFossen**, who is known for her “most beautiful smile”. Daughter, Bonnie who grew up at Central enjoyed with husband, Carson Ralston bringing her to Central’s Homecoming festivities. Thelma and Martha also visit **Jean Smith** who has retired after six years service on the Baldwin Park Residents Board of Directors. As a surprise to Jean last year, her DAR group met here to honor her 70 years of membership. In recent months it was good to have worship here, Jean’s daughter Cathy Carty and granddaughter, Virginia. Other Residents are Anne Spotts and Suzanne Peeler who host each month on the second Tuesday, the Rebecca Circle of Central UMW. **Millicent Brubeck** as the newest Centralite, has already many friends here. On her 96th birthday, she won the Pie Baking Contest with delicious butterscotch pie. Pastor Won, Emily Morgan, and Barbara Snyder arrived with flowers

and sang “Happy Birthday”. Also present was Millicent’s daughter, Kathryne and husband from out of town. What a joy to see **Elinor Hutchison** in her pew on Easter with son David from Washington, D.C. VIP Visitors Sybille Jobin and Suzanne Peeler always enjoy her stimulating conversation and are amazed to receive cards she designs on her computer. It Is their desire to once again visit **Sally Draper** at Blue Ridge Home in Raphine. Gene Blackmer has again agreed to accompany them with his loving gift of music. He has been most generous for years with his music at Baldwin Park and now Shenandoah or wherever asked. **Randy Lindamood** now lives at Ritenour Rest Home. In addition to Pastor Won, Ken Beals has visited him. Susan Obaugh transports him to church and for some time has aided him as needed. You may not know that Central’s oldest member is **Vashti Clemmer**. Attendance for Worship with husband Buck is remembered by many. Born on December 10, 1912, she was visited by Pastor Won, JoAnn Black, and Suzanne Peeler with flowers in recognition of her 103rd Birthday. What an amazing memory she has! It was most enjoyable being with her in her home.

**NOTE – Messages from Central VIP's are welcomed to be printed in the Central Newsletter! Members who wish to share in any way in this Ministry are invited to contact the Office at 886-3441.

Food Pantry News

Central's Food Pantry ministry has thrived since opening in February 2009. Most of you know that we “inherited” the Food Pantry from Trinity Episcopal after their noon lunch program expanded. We have now added a very popular Clothes Closet, which is open during the same hours as Food Pantry (Wednesdays from 10:00 until 11:30 a.m.). Over the past seven years not only have we made some wonderful friends, we have made a dent in food insecurity within the community. None of this would be possible without the ongoing support of the congregation through donations of food and money as well as volunteer support.

Check out these Food Pantry statistics for March:

90 families (229 total individuals) received food assistance.

\$306.27 was spent to purchase food from the Blue Ridge Area Food bank.

3,894.30 pounds of food were purchased with that money.

27 faithful Centralites volunteered their time and energy to the Food Pantry.

What mission opportunities are available through Food Pantry?

On Monday volunteers go to the Blue Ridge Area Food Bank to pick up our food order for the week. The food is brought back to Central, unloaded, and the pantry shelves are restocked. Grocery sheets are updated. Typically, a large amount of cardboard is recycled from the Monday food pickup.

On Tuesday volunteers go to Kroger on Statler Blvd. to pick up donated bakery items for distribution to our clients on Wednesday. In March Kroger donated a total of 282 items weighing 296.6 pounds.

On Wednesday Food Pantry officially opens at 10:00 a.m.; however, clients often are waiting at the door by 9 o'clock. They are welcomed early for coffee and fellowship.

On alternating Fridays during the school year, a team of volunteers assembles boxes of food for our Agape Basket program. Currently, we are providing weekend meals for 9 children in two families. We also provide Christmas and Easter gifts for our Agape Basket children.

On the fourth Wednesday of every month, Central provides food for the Trinity Noon Lunch program. In March we served Shepherd's Pie to approximately 40 individuals. Seconds and sometimes thirds are always available.

What can you do to help right now?

Food Pantry always needs **Ramen Noodles, baked beans, and canned tuna and canned chicken**.

Men's clothing is especially needed for the Clothes Closet. Watch your bulletin for weekly updates of most needed clothing items.

Keep your prayers and donations coming!

Stop by anytime on Monday afternoon or Wednesday morning to see your Food Pantry in action!

Volunteer to help prepare and/or serve a Trinity Noon Lunch Meal. The next one will be on Wednesday, April 27, 2016. Food prep will most likely occur the day before.



Submitted by Caroline Jones,
Food Pantry Coordinator

United Methodist Women News

The United Methodist Women invite all Central ladies to join one of two circles. Both circles meet the second Tuesday of each month from September through June. The Rebekah Circle is led by Luz de Tablan and meets at 10:30 a.m. in the library of Bright View – Baldwin Park. The Susanna Wesley Circle is led by Eleanor Andrews and also meets at 6:30 p.m. for a covered dish supper at the home of Connie Davis – 300 Rainbow Drive, Staunton.

During April and May we will collect items for **HEALTH KITS**. Kits will be assembled on June 5 when the UMW will celebrate an **Ubuntu Day of Service**. As we have done in the past, a **Potato Bar Lunch** will be available immediately following church. Health Kits will be boxed and taken to Conference later in the month.

Please note the following schedule:

April 17 – BATH SOAP Sunday

3 oz. and larger sizes only

No Ivory or Jergens soap due to moisture content

Do not remove from original packaging

April 24 – COMB Sunday

Comb should be sturdy and more than six inches in length

No pocket combs or picks

Rattail combs and combs without handles are acceptable with a minimum of 6 inches of teeth

May 1 – METAL NAIL FILE OR FINGERNAIL CLIPPER Sunday

No emery boards

May 8 – WASH CLOTH Sunday*

Standard wash cloth – any color

Thank you in advance for supporting Central's UMW and UMCOR's Kits for Conference!

*In addition to collecting wash cloths on May 8, the UMW will hold our annual **Mother's Day Bake Sale** immediately following the worship service. Proceeds will be used to help fund two scholarships to **All God's Children Camp**.

God's All Occasion Bakery (GAOB) at Central UMC

Do you need a cake or cookies for a special occasion such as a birthday, anniversary, or just-because gift and don't have the time or energy to do the baking? Central UMC Nurture Team has the solution: Place an order with GAOB!

How much will it cost? All orders will include a suggested donation price. Who will benefit from GAOB? All proceeds will be applied to the Nurture Team's Kitchen Ministry.

How to place an order:

Contact Millie Brown at 885-4204 or randmbrown@comcast.net. Call the church office on Mon, Tues, Thurs, or Friday at 886-3441 or Fill out the order form below and give it to any member of the Nurture Team. Please place orders at least 10 days ahead of date needed!



Introducing Band Groups . . .

THE FAITH CLUB

This group gets its name from the first book that we read. The Faith Club is about three women, a Christian, a Jew and a Muslim, who dealt with their faiths in the New York City after 911. They discovered the communalities as well as the differences of their faiths. Through it all they were able to share their faith traditions with each other. More importantly those things which each of us hold dear, family, faith and community, were found to be important regardless of the religion.

We had an opportunity to look our faith and beliefs as compared with the Jewish and Muslim beliefs. It is important to us was how these women dealt with these issues in the context of their families and their faith. While we did not set out to

model our behaviors like the women in the book which we were reading, we did begin to examine issues in terms of our life journeys. Our meetings include sharing of a meal or a snack and sharing of our individual journeys. We have read several books, and one or more of us end up resonating with something in each book, and we learn from each other. We share our problems and issues. It is comforting to feel that you are heard with the ears of Jesus!

The members of the Faith Club are:

Barbara Synder	Deborah Reed
Kim Mitchell	Anita Jackson
Eleanor Andrews	Jackie Beals
Bobbie Rossen	Vicki Printy

The Marching Band

The Marching Band, also known as Simply Christians, focus on self-care in fellowship. We lead busy lives, so we see to it that we don't lose interest in doing slightly uncommon things that foster well-being and ultimately enhance our connection with the life of our church. We meet

monthly on weekends, often around lunch time, and relax together while talking, playing cards, board games, walking, playing ball, or occasional outings. Members include Diony & Luz Detablan, Mary Douglas, Vince Ennis, Bob Hanson, Joe & Lynn Hill, Kay Linnane, Diana Un, and Bob & Sherry von Oeyen. If you would like more information, email Diana, dianaun2@gmail.com.

SFA (Special Friends Always)

Our band is called SFA (Special Friends Always). Our members include Audrey Bocock, Evelyn Butler, Emily Morgan, Susan Obaugh (Leader), Suzanne Peeler, and Sybille Jobin (coordinator). Since we first came together, we have met once a month at the house of one of the members. Our

purpose is to support each other as friends and to share our Christian faith with each other. Currently we are reading Adam Hamilton's book "Enough—Discovering Joy through Simplicity and Generosity." If you would like to join us, we'd be glad to have you. The band usually meets once a month on a Friday at 2:30.

The Joyful Noise Band

The Joyful Noise Band Group met in December. We had a "joyful" time eating, singing Christmas Carols, followed by a short business meeting. The following are "official" members; Lauren and Mark Marshall,

Judi and Ron Jones, Bill and Martha Bushman, Tom and Constance Mitchell, Billy and Mary Ann Shoemaker, Susan Sutton, Caitlin Shoemaker, and Gene and Beth Blackmer. Ron Jones is our President. Honorary members are Thelma DePriest, Wanda and Jack True, and Virginia True.

Faithful Friends Covenant Group

Our covenant group has continued to meet on a regular basis, two Sunday evenings a month. There are now twelve in our group, six couples, as we have been pleased to add John and Ginny Bauman as members. Although our living rooms are sometimes crowded with twelve, the intimacy of meeting in each other's homes (and sharing refreshments) makes our meetings more meaningful.

Although our group format may vary, we

frequently find that a book study facilitates our discussions. We recently completed a study of Barbara Brown Taylor's An Altar in the World which challenged our normal way of looking at and interacting with the world around us. We've put a few copies of the book in the church library if anyone is interested in a good read.

Occasionally we get together just to socialize, and recently enjoyed an evening at Joe's Steakhouse. We hope things are going well with the other band groups--and if you're not a member we hope you'll consider joining (or forming) a group.

AGAPE EASTER BASKETS

This program continues. We presently serve nine children from 2 families.

Thanks to you there was plenty of candy, healthy stuff and games. The creativity was well appreciated and included yo-yos, stuffed animals, and jump ropes, chalk for sidewalks, bubbles and a pacifier for the 6 months old.

I had the rare opportunity to deliver the baskets on Saturday afternoon with Wanda Ruchman, Director of the Staunton Redevelopment and Housing Authority. Both families were elated to receive the baskets. One of the mothers was overcome and cried. The expression on children's faces is something I can't adequately describe. More importantly I thank you for your generosity and compassion for these youngsters. Your selfless acts provided nine children an unexpected Easter gift.



Welcome New Members

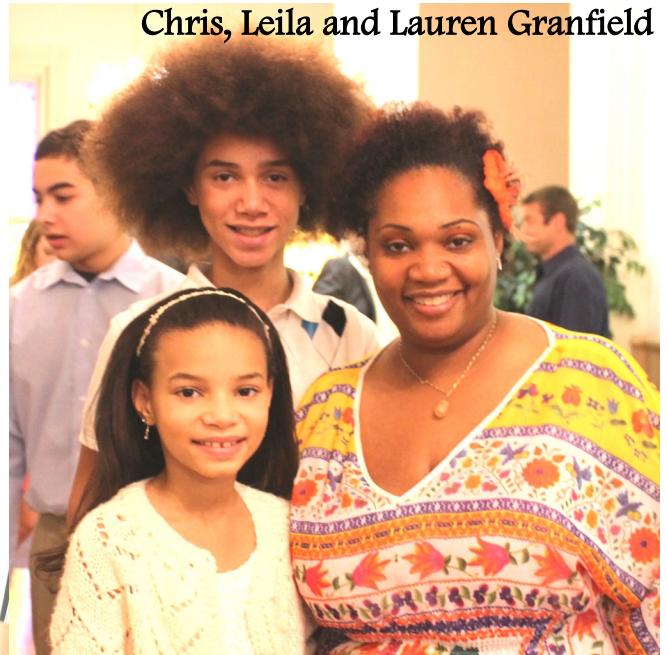
Acadia Nicolson



Beth White



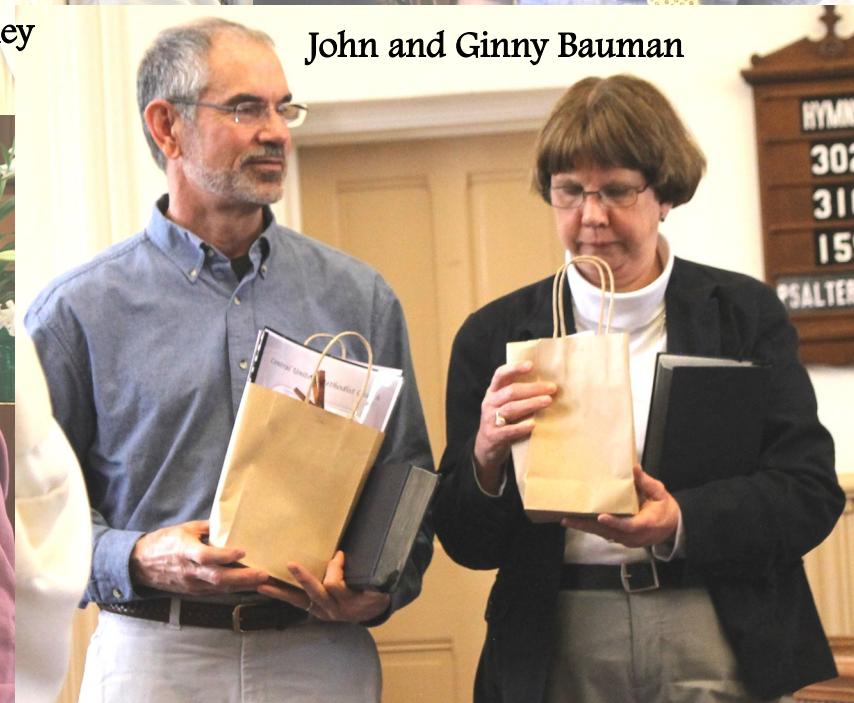
Chris, Leila and Lauren Granfield



Leslie, Kylie and Eli Artley



John and Ginny Bauman



Gloria McQuain



CHURCH AND DISTRICT EVENTS



Sunday, April 24 at 6:30 p.m. ~ Calvary UMC, 2179 Stuarts Draft Hwy, Stuarts Draft is proud to host a **FREE concert by TaRanda Greene!** TaRanda is a well-known and critically acclaimed professional Gospel singer and has performed with the Gaithers, the Hoppers, and the Greene family (tarandamusic.com). She will soon embark on a new venture called Cana's Voice. Her music is Spirit-filled, inspirational, and complemented by a powerful personal testimony. Tickets are FREE but seating is limited. To get your tickets, please contact the church office (337-2980) or email calvarydraft@umc2179.com Don't wait, call/email now! (Flyer is attached.)

Friday, April 29, 2016 and Saturday, April 30 ~ The "CELEBRATION" Choir of St. Paul's UMC in Staunton will present its 21st annual Dinner Theatre, "A Musical Countdown...the Year in Review" 6:30 p.m.



Dinner Theater

in the Family Life Center at St. Paul's UMC. The church is located at 2000 Shutterlee Mill Rd. in Staunton. This show will feature music that makes Holidays magical, special events extra special, and special days in your life come alive. Your thoughts will travel down "memory lane" in this evening of fun. So invite a group of friends and enjoy a great evening of entertainment. Tickets are \$29 per person, a special rate of \$27 for a group of 10 – 20, and only \$25 for a group of 21 or more. A choice of 2 entrees, Chicken Cordon Blue or Stuffed Pork Tenderloin, are offered. For large groups, full table reservations are available for groups of 8 or 10. Smaller groups will be seated together if tickets are purchased together. RESERVATIONS ARE REQUIRED. For more information, please call Lou Phelps at 886-0845 or Doug Harris 487-0347 or the church at 886-2317.

Wednesdays from 2:00~4:30 p.m. from May 18-June 22 ~ You Can Live Well! Diabetes Self-Management Workshop will be offered at Calvary UMC, 2179 Stuarts Draft Hwy, Stuarts Draft. It is a free six-week

A logo for the Diabetes Self-Management Workshop, featuring a stylized book with a blue cover and the text "Diabetes Self-Management Workshop".
Program for persons with diabetes, pre-diabetes and/or caregivers and family members of people with diabetes. Participants will learn a variety of necessary day-to-day management skills needed to actively manage diabetes to lead active and fulfilling lives. Please register by calling the office of Valley Program of Aging Services (VPAS) at 540-949-7144 by May 16th. Individuals who have taken the class before are encouraged to join us again for a refresher and for support.

News from the Virginia Conference

Slashed church budget heads to 2016 General Conference

The United Methodist Church's lowest general church budget proposal in 16 years is now heading for a vote at the 2016 General Conference. Two denominational leadership bodies in the past week have agreed to propose a bottom-line budget of \$599 million for general church funds in 2017-20.

General Conference to consider term limits for bishops

Multiple proposals heading to General Conference would limit how long bishops can serve and, in some cases, require them to face re-election. The bishops themselves also have been studying bishop tenure.

Tomorrow morning, 160,000 students will skip school, simply to avoid being bullied.

What's the top reason students report being bullied? **THEIR LOOKS**.

Based on a 2013 NEA survey: Looks: 55%, Body Shape: 37%. Race: 16%.

Stop for a minute and think about that: Every school day, students in our community are finding ways to avoid school simply because they are being tormented about how they look.



**TOGETHER, WE CAN CHANGE THAT,
Can you answer yes to any of these questions?**

Are you a student?

Do you have children? Grandchildren?

Does anyone In your neighborhood have children? Do you purchase personal care products?

If so, you have held the solution in your hands. **Don't let a student's future slip through your fingers.**

Secret Boutique is an ecumenical student-led outreach that offers fashionable clothing, personal-care products, professional salon services, and more to students who are being bullied, are in foster care, or are in financial need. We do this by hiding fashion stores and salons in unexpected locations. Students in need are identified by school personnel and are invited to shop — for FREE! To protect the dignity and identity of the students we serve, only our supporters know about our locations. We hold on-going drives for clothing, personal care products, and school supplies to stock our locations. What we can't use, we share with other not-for-profit organizations. The students we serve have confirmed they come to us because they know that their tormentors will never see them "shopping" at a Secret Boutique location. Among us, students find love, acceptance, and affirmation. Help us protect them. **Shhh. It's our secret!**

We accept clothing donations that are:

New or gently used (freshly laundered, please).

Have zero stains or holes. • Are "in style."

Volunteers

Don't like to shop? Help us by sponsoring the purchase of retail store supplies. Financial contributions may be tax deductible. Please make checks payable to Basic United Methodist Church with "Secret Boutique" in the memo field.

Mail to: Basic United Methodist Church, attn. Jenelle Watson PO Box 2447, Waynesboro, VA 22980

For more information, visit SecretBoutique.org, email JenelleWatson@gmail.com, or call 540.649.7149



Fundraising

for VA Tornado



Survivors

When: Friday, May 14th

Time: 11-2 pm and 4-7 pm.

Why: Fundraising to support the tornado survivors in Virginia

Menu: BBQ on a buns, Cole slaw, Hush puppies,
Homemade cookies, and drink.

Cost: \$8.00 (adult), \$6.00 (12 and under)
Cash, Checks and Credit Cards Gladly Accepted

How: Take-out only



Central United Methodist Church

14 N. Lewis St
Staunton, VA 24401
(540) 886-3441